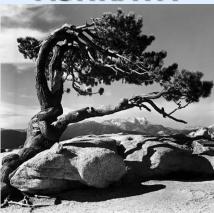
ASHRAYA

Non-Profit Organization providing Assistance to the Physically Challenged in India for Education and Income Generation



Hey Look! The pine tree is bending
Over the rocks like a frail old man blessing
A burly child with his stick.

REPORT FOR FY 2006

It gives me immense pleasure to present you our annual report for FY 2006, in which we continued our relationship with AIF, but however weathered significant decrease in contributions.

I. SUMMARY OF ACCOMPLISHMENTS IN FY 2006

- 1. ASHRAYA raised funds from its donor base worth \$9,179, of which \$8,978 were project-specific contributions (as opposed to pass-through contributions). This is ~43& lower than the total funds raised in FY 2005 (\$15,734) mainly due to significant decrease in contributions non-founding and patron donations down from \$3,633 to \$477 (87% lower). In addition, we also received matching contributions of \$9,662 from America India Foundation on projects we funded jointly leading to a total leveraged fund raising worth \$19,489.
- 2. We directly funded 5 projects worth \$19,489, which is a 40% decrease in the funds disbursed last year. Please see Section II for details on projects funded this year; and APPENDIX 1 for the organizations we support right now as well as organizations we intend to support in FY 2007.
- 3. We continued our focus on projects related to vocational training and income generation, since the latter are more sustainable and have long-lasting value. We worked actively with our beneficiary organizations in defining the goals, modalities and success metrics for such projects. We added a new beneficiary organization to our roster, BIRD (Brethren Institute for Rural Development) working in the backward Prakasam District in Andhra Pradesh.
- 4. We would like to thank Mr. D.P. Ahuja from America India Foundation (AIF) who has continued to be our patron and well-wisher. We would also like to thank volunteers like Prem Kumar Mohanasundaram who provide us valuable help in conducing site visits on projects we funded this year.
- 5. We have identified two more new organizations we would like to take up for funding next year (Relief Organization of Handicapped – ROH based in Hindupur, AP; and Asha Deepa School for the Blind based in Bidar, Karnataka). We are currently in the process of conducting due diligence on these organizations.

II. PROJECTS FUNDED IN FY 2005

1. Madhya Pradesh Blind Welfare Association, Indore, Madhya Pradesh, INDIA, Vocational Training and Income Generation in Physiotherapy for the Blind (\$11,201 total funding)

- a. Organization Context: M.P. Welfare Association for the Blind based in Indore (33 B/D, Kila Maidan, Indore-452006 (M.P.) India; Phone: +91-0731-2410296, 4996265, 2412718, Email:mpwab@dataone.in, Website: www.mpwab.org) promotes education & rehabilitation of persons with vision impairment from Madhya Pradesh. It is one of the largest organizations of its kind in Central India, providing a wide range of services to persons with vision impairment in M.P. for over four decades. MPWAB has developed comprehensive need-based programs, benefits of which extend not only to persons in Madhya Pradesh but to those from other States of India as well. It has around 60 employees and is run by Dr. M.V. Shirdonkar who also has visual impairment. Its main types of work include education, rehabilitation, vocational training, employment and low vision care. It has 172 beneficiaries at the current juncture with 160 beneficiaries living on premises (boarding and lodging). Its 2002 annual budget was Rs. 1,24,86,134. 35% of its funding needs are met by the M.P. state government (mainly salaries to employees), 20% coming from the central government and 40% from international agencies such as Sense International and Aid-et Action, 60% of its funds are used for providing blind welfare services with the remainder going towards salaries, administrative expenditure and rent. ASHRAYA and AIF jointly funded a project for MPWAB in 2004 dealing with upgrading their vocational training center (telephone operations, talking books and small business management).
- b. Project Context: The role of physiotherapy in society is increasing day by day owing to increasing life expectancy and awareness for fitness in the larger community; leading to mushrooming growth in the number of fitness centers, nursing homes and rehab clinics. This provides increasing job opportunities for the blind since the relevant skills are not predicated on sight, and also because blind physiotherapists are more willing to serve in rural areas. There are only few centers in India imparting training on physiotherapy to the blind At present more than 150 duly qualified blind physiotherapists in India are earning their livelihood through this profession either working in the government and /or private hospitals or as private practitioners. ASHRAYA and AIF jointly funded a similar project for BPA (Ahmedabad) to upgrade existing equipment. At MPWAB, the physiotherapy technician training Unit has been functioning for the last two years. It runs a two-year certificate course which is recognized by the body of NCERT known as PSSCIVE, Bhopal; and are in process of recognition with Board of Secondary Education (M.P. Government); and currently the second batch consisting of 6 trainees is undergoing training in this center. Two qualified physiotherapists are engaged in managing this training center with 3 visiting faculty from reputed hospitals and schools. 2 students have graduated from this program to date and are employed. Most of the equipment has been procured through various resources.

c. Project Objectives

- i. To upgrade outmoded equipment with state-of-the-art PT technology
- ii. Provide candidates better skills and increase their earning capacity (by around 25%)
 - iii. To facilitate employment for blind physiotherapists in government hospitals and reputed private clinics
- iv. Provide physical therapy to disabled persons onsite

d. Project Expenditure

i. Capital Expenditure (please note that most of the equipment have been purchased already through a previous grant)

#	Equipment Description	Total in Rs.
1	Traction with table	23,000
2	IFT (Interferential therapy)	28,000
3	Medicine Ball	1,000
4	Suspension Frame	6,000
5	Finger grip Set Supinator, Broxator, Spring &Sling	0
6	Ankle Exerciser	1,500
7	Suspension Frame	6,000
8	Floor Mat	3,000
Tota	ls	Rs. 68,500

\$1,539

ii. Recurring Expenditure (Annual)

#	Description of Item	Amount (Rupees)	
1	Salary of Project Coordinator @ Rs.8,000/- per m	96,000/-	
2	Salary of Physiotherapist @ Rs.6,000/- per montl		72,000/-
3	Honorarium of visiting faculty @ Rs3,500/- per m	42,000/-	
4	Intermediaries	5,000/-	
	Total Amount (per Year)	Rupees	2,15,000
	Total Allioulit (per Teal)	\$4,831	

- e. Impact Summary: The PT school intends to train 15 blind/low vision candidates per year for a two year certificate course. The minimum qualifications of candidates are: SSLC, blind or low vision, admission on an All-India basis with 50% seats reserved for Madhya Pradesh. For diploma courses, the minimum qualification is prior completion of a 2 year certificate course. The blind graduates in PT will be empowered with added skills to treat patients on latest technology PT equipment. This would facilitate easier employment in government hospitals & other reputed clinics and earn more. Each graduating candidate can obtain a job making an average salary of Rs. 4,000-6,000 per month, leading to a total income potential of Rs.4000 x 12 x = Rs 48,000 per year = \$ 1,067 per year. This project also serves another purpose of providing physiotherapy for disabled people free of cost.
- 2. Grameena Abhyudaya Seva Samasthe (GASS), Doddaballapur, Karnataka: Capital and Running Expenditure for Vocation Training & Income Generation Program in Power Tailoring for PWDs (\$4,232).
 - .a Organization Context: Grameena Abhyudaya Seva Samasthe (GASS) identifies and rehabilitates persons with all types of disabilities based in rural areas and integrate them into the mainstream of life. GASS was set up in 1996 to ensure that persons with disabilities lead a meaningful and qualitative life with dignity. The major activities/services of GASS include (1) Home based program to provide therapeutic intervention and training on daily living skills for persons with various disabilities (e.g. physical, mental, speech & hearing), as well as conduct surveys to identify new persons with disabilities; (2) Corrective surgeries for people with physical disabilities; (3) Medical assessment and rehabilitation device camps for people with physical and speech & hearing disabilities; and (4) Integrated education programs for the children with disability. The organization provides the above services in over 200 villages in Doddaballapur Taluk, Bangalore District; 67 villages in Gowribidanur Taluk, Kolar District; and 60 villages in Koratigere Taluka, Tumkur District.
 - .b <u>Project Context:</u> In Doddaballapur Taluk, the Government of Karnataka has launched Apparel park (Garment Industries). In Doddaballapur Taluk, directly and indirectly more than 1,50,000 job opportunities will be created through this initiative. Already 4 factories are working and producing garments. Indigo Blue, Gokuldass, Ever Blue and Sliver Spark Apperal Ltd. These factories need many tailors and helpers, trainers, supervisors and quality controllers. This has opens up new job opportunities for physically disabled community.
 - .c Project Objectives
 - .i Increasing financial status and job opportunities for physically disabled women
 - .ii Provide training for 20 PWDs per batch (6 month duration) in two batches per year
 - .iii Facilitate placement of trainees within garment industry in Doddaballapur
 - .d Project Expenditure

I. Equipment

S. No	Name of the Item, Unit	Rate	Quantity	Amount, Rs
1	Power Machines, #	25,000	4	100,000
2	Scissors, #	100	4	400
3	Trimmers, #	10	4	40
4	Scales, #	25	4	100
5	Oil (White), Liters	85	6	510
6	Tapes, #	10	5	50
7	Cutting Table, #	1,000	1	1,000
8	Stools, #	150	4	600
9	Electricity, per Month	250	12	3,000
10	Marking Chalk, Boxes	20	1	20
11	Cotton Cloth, KGs	30	6	180
12	Thread, Boxes	50	6	300
Totals				106,200

II. Office Furniture

S. No	Name of the Item, Unit	Rate	Quantity	Amount, Rs
1	Tables,#	1,200	1	1,200
2	Chairs, #	250	5	1,250
3	Stationery, #	500	1	500
4	Fans, #	3,000	1	3,000
5	Chest of Drawers, #	3,500	1	3,500
6	Special Chair, #	1,500	1	1,500
Totals				10,950

III. Staff Expenditure (funding for 6 Months Only)

S. No	Name of Employee	Salary per month	No. Of	Amount, Rs
1	Teacher	5,000	1	30,000
3	Helper	2,500	1	15,000
5	Technician	5,000	1	30,000
Totals			75,000	
Grand Totals			Rupees	192,150
			\$	4,232

6 months 6 months 6 months

.e Impact Summary:

- .i 10 PWDs per batch will be trained over 6 months x 2 batches per year. All trainees will be lady PWDs SSLC Pass, age 18 to 35.
- .ii During the training period, the trainees will get a stay fund of Rs. 1,000 per month
- .iii Upon graduation, the trainees will be placed in the garment industry and are expectd to ear anywhere between Rs.2100 to Rs. 4500 per month according to their grade.

3. Brethren Institute for Rural Development, Bestavarpet, Prakasam District, AP: Establishing Rehabilitation Therapy Unit for PWDs (\$1,746)

- Organization Context: 3. Brethren Institute for Rural Development, i.e. BIRD (Prashanthi Nilayam, Valmiki Nagar, Bestavarapet-523 334, Prakasam District, AP) is a non-political & secular NGO organization started in 1989 by a group of volunteers. Its main objective is to uplift women, children and disabled (who are socially, economically, educationally, culturally and politically oppressed by the society) irrespective of caste and creed. BIRD's operational area is spread over to 70 villages mainly in 4 Mandals of Prakasam District, Andhra Pradesh. BIRD is planning to extend the Dalit women Empowerment through organization activities in 115 (70+45) villages; and CBR for PWDs in 178 Villages in Bestavarapet, Cumbum, Ardhaveedu and Komarole Mandals of Prakasam District. BIRD has a total staff of 33 with 5 focusing on CBR for PWDs, and the remaining on Dalit & Women Empowerment. It currently serves 2,628 PWDs in 4 Mandals of Prakasam District. Its annual operating budget is Rs. 23 Lakhs. The main contact person is Mr. Pilli Solomon, Exec Secretary (Ph: 08406-237582, Email: birdl234@rediffmail.com).
- .b Project Context: Mobility India based on Bangalore produces prosthetic and orthotic aids on a large scale; and provides rehab therapy services on premises. However, predominantly only urban PWDs based in and around Bangalore can access these aids and therapy services. Mi's main aim has always been to extend their reach to remote rural areas through established partner NGOs who are already providing CBR services to PWDs in these areas. These NGOs can set up and operate rehab therapy units and prosthetic/orthotic production workshops. The workshops are intended to be on a much smaller scale than the one run by MI in Bangalore. MI would supply the massproduced components for prosthetic/orthotic aids at cost. The partner NGOs would customize the aids to each individual's needs (molding and fitting) on premises. The rehab therapy and custom production unit are a necessary condition; for executing the partner NGO's income generation programs. Providing prostheic/orthotic aids followed by rehab therapy, training and setting up on income generation programs leads to holistic and long-term rehabilitation of PWDs. Beneficiaries who will receive aids and rehab therapy will then be trained on relevant income generation programs and set up to execute the same on their own on a self-sustaining basis. Please note that rural PWDs tend to be very poor and will not be able to pay fully for the aids and therapy services (MI's experience shows cost recovery rates of ~20%). ASHRAYA is working on a multi-agency

partnership operating model that would involve ASHRAYA, MI and Mi's partner NGOs; in which each partner would contribute based on their skill sets and focus. ASHRAYA has already partially tested the above defined operating model in partnership with MI (e.g. workshop enhancement or therapy unit establishment) at MI's partner NGOs such as GASS (Doddaballapur, Karnataka) and RAWWD(Bangalore). We now intend to deploy the entire operating model at 4-5 partner NGOs who have an existing working relationship with MI over the next 2 years, starting with BIRD.

.c Project Objectives:

- .i Phase 0: Providing training to Prosthetics/Orthotics Technicians, Rehabilitation Therapists and CBR Workers. Please note that the technicians and therapists will also be PWDs, thus providing income generation opportunities -> Completed by Mobility India
- .ii Phase 1 (2006): Funding capital expenditure for setting up the Rehab Therapy Unit
- .iii Phase 2 (2007): Funding capital expenditure for the Prosthetics & Orthotics Workshop
- .iv <u>Phase 3 (2007)</u>: Funding capital expenditure for select income generation programs to cover 74 PWDs (beneficiaries of aids and therapy)

.d Project Expenditure (Capital Only)

SI. No.	Items	Quantity	Manufacturer	Unit Cost,	Total Cost,
				Rupees	Rupees
1	Measurment Tape & Goniometer	1	P. Bhogilal	450	450
2	Parallel Bars	1	Mik	10,000	10,000
3	Toys	1	Local	500	500
4 5	Simple Pegs	1	Edu. Emp.	1,650	1,650
5	Simple Swing	1	Local	500	500
6	Therapy Balls (1-22" &1- 34")	1	Edu. Emp.	8,200	8,200
7	Pulley	1	Edu. Emp.	5,000	5,000
8	Wall Bar	1	Local	10,000	10,000
9	Dumbell	1	Edu. Empo.	945	945
10	Heat pad	1	Edu. Empo.	750	750
11	Mirror	1	Edu. Empo.	6,000	6,000
12	Wheelchair (1Adultl)	1	Alimco	7,490	7,490
13	Walker (Small/Adult)	2	Alimco	2,700	5,400
14	Sand bag	set	Edu. Emp.	480	480
15	Balls (small & Medium)	4	Edu. Emp.	870	3,480
16	Pillow Wedges	1 set	Local	2,000	2,000
17	Plinth	1	Local	7,000	7,000
18	Mats	2	Local	200	400
19	Matteress	1	Edu. Emp.	5,300	5,300
20	Balance Board	1	Edu. Emp.	1,450	1,450
Totals				Rupees	76,995
Totals				Dollars	1,746

.e <u>Impact Summary:</u> The target area of BIRD is located in Prakasam District which has been deemed to be the most backward area in Andhra Pradesh; owing to rocky and hilly terrain, lack of drinking water facilities, high rate of migration, and large % (50) of SCs & STs. 56% of people in the in four operating Mandals are below the poverty line compared to 36% at the national level; and the literacy rate is 46% (women ~17%) compared to 62% at the national level. This issue is exacerbated for the 61,575 PWDs living in Prakasam district, only 5% of whom live above the poverty line. Only 5% of the children with disabilities are attending schools owing to parental apathy, lack of mobility and lack of encouragement from teachers. Current rehabilitation services only reach about 2% of those in need. BIRD intends to provide CBR and rehabilitation therapy services as well as prosthetic/orthotic aids at very low costs (expected average cost recovery rate is ~20%) to 2,628 PWDs (1,150 female and 1,478 male) in 178 villages from 4 Mandals (Bestavarapet: 639, Cumbum: 539, Ardhaveedu: 640 Komarole: 810). These aids and services are

requisite precursors to the income generation and vocation training programs run by BIRD for its PWD beneficiaries.

4. Mobility India, Bangalore, Karnataka: Orthotic Aids Workshop Upgrades (\$2,310)

- .f Organization Context: Mobility India (1st & 1st "A" Cross, 2nd Phase JP Nagar, PO Box-7812, Bangalore, 560078) is one of the largest organization in India focused on PWDs. It was set up in 1994 to reduce the wide gap between the need and availability of rehabilitation services in rural India. MI promotes mobility for PWDs, especially those in rural areas who are poor (especially women and children) through raising awareness, training, improved services, advocacy, research and development, and all other activities towards an inclusive society where PWDs have equal rights and a good quality of life. MI's role is three fold: (1) It is the largest non-profit producer of prosthetic and orthotic aids for PWDs in India (2,400 units produced per year) (2) It provides therapy to PWDs on premises (2,650 PWDs per year). (3) It operates the largest training centre to develop manpower (especially PWDs) in the field of Orthotics, Prosthetics, Rehabilitation and promotion of CBR (47 trainees from partner organizations per year). MI's annual operating budget is Rs. 337 Lakhs; and is run by Ms. Albina Shankar, Director (Ph: 080 26492222/26597337; Email: albina44@mobility-india.org, URL: www.mobility-india.org
- .g **Project Context**: One of the most important components of rehabilitation and support service is assistive devices which often provide the first step to ensure that people with disabilities are equal members of society. Among assistive devices, prostheses and orthoses are required by the majority of people with physical disabilities. The vast majority of these persons can remain free of deformities or be re established to function in society if provided with appropriate prosthetic/ orthotic devices. To provide the necessary quality of prostheses and orthoses, Mobility India has a modern and well equipped Prosthetics, Orthotics and a therapy unit and our focus is on rehabilitation services to people who are in need of any kind of orthosis, prosthesis, rehabilitation devices, therapeutic intervention and surgical intervention.

.h Project Objectives

- i. To upgrade equipment in the Orthotics Aids Workshop
- ii. To provide best-in-class orthotic aids for PWDs

.i Project Expenditure (Capital Only)

Specification	Quantity (NO.)		Unit Price (Rs.)	Total Price(Rs.)	Dollars (Exchange Rate Rs.45)
Sewing machine- heavy duty	Singer	1	13,000	13,000	295
Hot air gun	Bosch	1	5,525	5,525	125
Almico Super Carver Kit	Alimco	1	14,784	14,784	335
Drill Machine(Battery Operated)	Bosch	1	11,899	11,899	270
Drill Machine(Electrical))	Bosch	1	6,510	6,510	148
Battery operated Saw	Bosch	1	24,000	24,000	544
Jigsaw Machine	Bosch	1	9,625	9,625	218
Stapler gun	Ottobock	1	9,000	9,000	204
Stapler gun pins	Ottobock	5	1,500	7,500	170
Totals				101,843	2,310

f. Impact Summary: The direct beneficiaries of this project would comprise of persons with loco motor disabilities, from the 13 partner organizations in South India, the poverty eradication project of Chamarajanagar and from the urban Community Based Rehabilitation project and MI's centre. The beneficiaries would include children, women and men. They would belong to

the tribal and minority communities and from drought prone areas of South India.

- i. About 2650 people are assessed and provided with therapeutic intervention through the Mobility India Centre & Partner organizations in rural areas.
- ii. 2400 orthoses, prostheses and other rehabilitation devices produced and fitted
- iii. 47 people receiving training in Orthotics, Prosthetics & Rehabilitation Therapy

III. FY 2005 REVENUES AND EXPENDITURES

The table below shows ASHRAYA's revenues and expenditures for FY 2006. We raised funds worth \$9,176 (down 43% from last year), out of which organization specific contributions totaled \$8,978. We disbursed funds worth \$19,489 (down 40% from last year) towards specific projects; out of which \$9,662 (down 48% from last year) were joint funds provided by AIF.

Parameter		Value (\$)			
Starting	2005 Year End-Balance	2,318			
Balances	2005 Year-End Balance	2,318			
	Founders	6,500			
2000	Chief Patron	2,001			
2006 Donations	Other Donors & Patrons	477			
Donations	Pass-through Donations (Organization-Specific)	201			
	Total Donations	9,179			
Match from	MPWAB - PT Training Center Upgrades	9,662			
AIF on Joint Projects	Total Matching Contributions	9,662			
	MPWAB - PT Training Center Upgrades	11,201			
	GASS - Power Tailoring Vocational Training Center	4,232			
Direct	Mobility India - Orthotic Aids Workshop Upgrades	2,310			
Disbursements	BIRD - Therapy Unit	1,746			
	Total Direct Disbursements	19,489			
	NJ Tax Filing 2004	50			
0	Ready Hosting	99			
Overhead	PNC Bank Service Charges	12			
Expenses	Site Visits	0			
	Total Overhead Expenses	161			
Pass-Through	BPA	201			
Disbursements	Total Pass-Through Disbursements	201			
Final 2005 Balance					

IV. THE YEAR AHEAD: Projects under Consideration for Funding

- 1. Vocational Training and Income Generation for the Physically Disabled & Partially Visual Impaired on Video Production, Relief Organization of the Handicapped, Hindupur, AP (\$17,301)
- 2. Vocational Training for the Blind in Computer Technology, Asha Deepa School for the Blind, Bidar, Karnataka (\$10,667)
- 3. Orthotic & Prosthetics Aids Workshop Upgrade, Rehabilitation Aids Workshop for Women with Disability

(RAWWD), Bangalore (1,167)

4. Orthotic & Prosthetics Aids Workshop (Phase II), Brethren Institute for Rural Development, Bestavarpet, Prakasam District, AP (\$3,840)

I would like to thank all of you for your continued patronage, and here's hoping we will continue from where we left of at the end of FY 2006.

Regards and Cheers,

Vasuki Subbarao President, ASHRAYA

APPENDIX 1: ASHRAYA Supported Beneficiary Organizations

Name of	3		Number of Benefici	iaries		
Organization				Budget, Rs. Lakh	Total	On Site
Blind People's Association	Ahmedabad, Gujarat	Blind	 Education (Residential, Integrated and CBR) Rehabilitation Vocational Training Hostel facilities 	380	Residential: 226Education: 980CBR: 5750Talking Books: 250	226
Mobility India	Bangalore, Karnataka	Mobility	RehabilitationIncome GenerationBridge Schools	337	Rehabilitation: 10,000Bridge Schools: 200Income Gen: 20	None
Madhya Pradesh Blind Welfare Association	Indore, Madhya Pradesh	Blind	 Education Rehabilitation Training & Employment Low Vision Care 	124	172	160
Shakuntala Foundation	Kolar, Karnataka	Mental	Medical CampsSpecial EducationVocational Training	5	25	25
Vidnyanvahini	Pune, Maharashtra	Rural Poor	 Science Education through Mobile Lab 	4	Rural HS Students: 10,000	None
NAB-Gujarat Branch	Ahmedabad, Gujarat	Blind	 Integrated education Placement & Employment Braille Book Production 	90	Education: 1000Braille Books: 5,800Employment Placement: 120	None
Grameena Abhyudaya Seva Samasthe (GASS)	Doddaballapur	Mobility	Physical Rehab and Therapy	17	■ Community-based; 430	None
Rehabilitation Aids Workshop for Women with Disability (RAWWD)	Bangalore, Karnataka	Mobility	 Manufacture of Prosthetic Aids for Physically Disabled by Disabled Wormen 	15	■ 8844 to date	None
Relief Organization for the Handicapped (ROH)	Hindpur, AP	Mobility Blind	Community Based RehabilitationVocational Training	50	- 650	None
Asha Deepa School for the Blind	Bidar, Karnataka	Blind	Residential SchoolVocational Training	3	■ 35	35